

PILLAR Class Catalog

Spring 2022 In-Person, Zoom, and Video classes

...For People Who Love to Learn...



HISTORY
SCIENCE
MUSIC APPRECIATION
PHILOSOPHY
LITERATURE
ART HISTORY
GLOBAL AFFAIRS
AND MORE

PILLAR Office and Classroom

Enter the mall between Dillard's and Aladdin Rug Gallery on the north side of Chapel Hills Mall and walk straight ahead to PILLAR.

1710 Briargate Blvd., Suite 847, Colorado Springs, CO 80920
719-633-4991 info@PillarInstitute.org
<https://www.PillarInstitute.org/>

PILLAR Office Hours

Monday	12:30pm-3pm
Tuesday	9:30am-3pm
Wednesday	9:30am-3pm
Thursday	9:30am-12pm
Friday	Closed

Director's Letter



Welcome to PILLAR, the Pikes Peak region's only institute for lifelong learning for the past 23 years! Each year over 300 lifelong learning opportunities are created for and by adults with no homework, no tests, and no papers. **Just learning for the fun of it!** PILLAR offers lifelong learning in a variety of subjects including history, science, philosophy, literature, art history, music appreciation, global affairs, and more.

The spring quarter will start on Tuesday, April 5th, and we will host an open house to celebrate the reopening of the PILLAR classroom on Friday, April 1, from 2-4pm. Wine, cheese and crackers, and desserts will be served. Class registration and memberships will be available. You can also bring your vaccination card.

Membership is now a rolling 12-month membership for \$75. If you purchase a membership in April, it will go to the following April. Each term is now a quarter instead of a trimester, three instead of four months long.

Coffee and snacks will return for in-person classes and we will have discussion type classes, movies, and Mah Jongg. Zoom and video classes will still be available for those who are unvaccinated or immunocompromised.

To keep everyone safe in the classroom, masks will be optional, but proof of full vaccination will be required. Boosters are encouraged. If you attended class in the classroom in the fall, we do have a record of your vaccination. If you didn't, then please bring it to the open house, to your first class, or email a scanned copy of your vaccination to me.

Lastly, class fees will be going back to 2019 levels. Most in-person classes will be \$25 for members. Zoom and video classes will be slightly more at \$30 for members. Zoom and video classes cost more to produce in terms of technology and staff time, and we can no longer absorb that cost. Over the last two years, PILLAR's expenses have increased, but class revenue has been reduced by 60%. For PILLAR's sustainability, we need to bring class fees back up to pre-COVID levels. However, you will also see some free or low-cost classes.

I know the pandemic has changed your routines, but now is the time to get out and reconnect with your PILLAR friends, new and old. Make the PILLAR experience your new safe bubble where you enjoy learning and socialization with your peers. It has been a long two years!

Vickie Heffner
PILLAR Executive Director

PILLAR Mission Statement: To provide lifelong learning opportunities for engaged adults.

PILLAR Vision Statement: PILLAR Institute believes in enhancing adult brain health through active learning opportunities.



ABERDEEN RIDGE
A PMMA Community

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and Partners**





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Colorado Springs, CO 80920
(719) 532-7700
 9 am – 5 pm., Monday - Friday

Y0060_GHNJAHBENAccepted

Important Registration Information

- Pre-registration is required for all classes.
- Register early for in-person classes, as in-person classes will be limited in size.
- Most classes are approximately 90 minutes, unless otherwise noted.
- Hybrid classes are in-person and on Zoom at the same time. Most classes are videotaped.
- The in-person classes are usually located in the PILLAR classroom.
- The Zoom class is hosted on Zoom. You will be able to see the instructor and the class on your computer.
- The Video class link will be sent by email a few days after the class to allow time for editing.
- Videotaped classes for the last two years are available for purchase. Just ask.
- Discussion classes are only available in the classroom, not on Zoom or video.

To attend classes in the PILLAR classroom, proof of vaccination is required. Masks are optional.

How to Register for Hybrid Classes

You can register for classes online yourself, call the office at 719-633-4991, mail in a registration, or come in when the office is open. Each class has different locations depending on how you want to take the class. **Be sure to double check the location for which you are registering.**

1. Go to: <https://www.pillarinstitute.org/learn>
2. Click on **Class Registration**. This will take you to our dedicated secure registration software system.
3. Enter your **Login and Password**. If you forgot your login and password, see below.
4. If you are new to PILLAR or new to our new registration system, create an account.
5. Once you are in PILLAR's registration system, find the Dropdown and click on **What would you like to do?**
6. Find **Current Classes**. This is a listing of all of the current classes. You can click on a class to get more of the description.
7. Click on the **Register button** to register. You can register for multiple classes before you check out.
8. After registering, you will immediately receive a confirmation email. The day before your class, you will receive a class reminder.
9. **Zoom classes:** Your confirmation email will have your Zoom link. **Save this email with your Zoom link in an e-folder.** If you lose your Zoom link, email the director no less than a half hour before class. Download Zoom at www.zoom.us before class. Arrive 10 minutes early into the Zoom waiting room.



PILLAR Membership

PILLAR is a membership organization. Although PILLAR membership is not required to take classes, purchasing a membership will provide a discounted class fee.

\$75 for a 12-Month PILLAR Membership

<https://www.pillarinstitute.org/membership>

Print Catalogs

PILLAR will not print class catalogs because of increased costs of paper and ink. If you would like the office to print you a catalog, the cost will be \$3. If you would like a mailed copy, the cost will be \$5.

No Login and Password or Can't Remember It?

It's okay. Just click on, **"I forgot my login name or password"** to get an email link to your online account. If you don't get an email, then you don't have an account in our new registration software system. Just make one.

Cover Image
by Deedster
from Pixabay

COVID Precautions

- The PILLAR classroom is disinfected after every class.
- In-person classes are limited in size.
- Everyone is vaccinated: participants, instructors, volunteers, and staff.

April 2022

Friday, April 1, 2-4pm

#1999 PILLAR Open House

Wine, cheese and crackers, and desserts will be served. Come and see your friends. Register for classes. Bring your vaccination cards. Masks are optional.

FREE



Tuesday, April 5, 10am

#2000 Extremism in the US Military

Instructor: Dr. George Reed

Dr. Reed served for 27 years as a military police officer in the US Army. While in charge of criminal investigations at Ft. Bragg, NC, his office participated in the investigation of a particularly concerning hate crime murder involving soldiers. His presentation addresses the scope and nature of extremism in the military and lessons learned from that case.



George E. Reed, PhD in Philosophy with a major in Political Analysis and Administration from St. Louis University. He holds a Master of Forensic Science from George Washington University. He is the Dean of the UCCS School of Public Affairs.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesdays, April 5, 12, 19, 26, 1pm

#2001 Beginning Mah Jongg Lessons: 4 Weeks of Individual Lessons

Instructor: Sandy Halby

Learn American Mah Jongg, a fun game to play and great for your brain! This series of classes is Beginning Mah Jongg using the National Mah Jongg League card (2022 version) and NMJL rules. We'll start with the very basics and progress to full-on play by the 4th session. You must attend all 4 sessions. **Max: 3 people**



Sandy Halby, BS in Mathematics from the University of Alaska. She is a military vet and is retired from the federal government as a civil servant. Currently, she is president of a local MENSA group and active in the Pikes Peak Beekeepers Association. Sandy also plays in Mah Jongg tournaments.

In-Person Only \$60 Member/\$75 Nonmember for all four sessions

Wednesday, April 6, 10am

#2002 Have You Checked Your Personality Lately?

Instructor: Doug Stowell

(Instructor will be teaching via Zoom into the classroom from South Carolina.)

Are you the same person you think you are? Are you the same "person" everyone else thinks you are? Like to try a few, very short personality "quizzes"? Ok, this is really just for FUN.

It's absolutely no real attempt to analyze you. And you don't have to divulge the outcome.

During the session, we'll do 4 or 5 exercises such as the Sherwin Williams Color Preference, the CANOE test, and a very short (10 questions) exercise. You will receive advance links to a version of the Myers-Briggs and Enneagram Personality Tests which you are encouraged to complete PRIOR to the class. (NO charge.) We will explore these two in some depth. We'll poll the class to see the range of personas indicated. Who knows what we might learn?



Douglas W. Stowell, MBA in Market Research from Case Western Reserve University in Cleveland, OH. Douglas enjoys personality testing as an avocation. He received 5 years of Osher Lifelong Learning Institute instruction at Furman University (Greenville, SC) including 3 years ZOOM teaching at 22 other OLLI groups.

In-Person \$15 Member/\$25 Nonmember

Zoom and Video \$20 Member/\$30 Nonmember

April 2022

Wednesday, April 6, 12pm

#2003 Lunch and Movie Discussion

Moderator: Sandy Halby

Do you like old movies? Do you know what movie this could be?

Former detective and his wealthy wife investigate a murder case, mostly for the fun of it. Hint: TTM c.1934. 1 hr 31 mins.



Come and bring your knowledge of old movies and enjoy the company of others.

Bring your lunch.

In-Person Only - FREE (but you must register due to attendance limits). Popcorn and soda will be available.

Thursday, April 7, 10am

#2004 Shifting the Gears: When We're Older and Very Much Alive

Instructor: Sandra Felt

You are hereby invited to fully LIVE your aging years: to have fun, follow your passions, love with a full heart, and dance with joy. But how can we turn these grieving, achy years upside down into joy, curiosity, and meaning? You can do this by practicing five basic learnable skills that emphasize The Big Choice we all have when we are lucky enough to live these older years. Learn to redefine aging as your opportunity to become fully alive. Learn to grow older the way that fits you best. Learn to invite your deeper passions. After all, this could be fun!



Sandra Felt, MSW in Social Work from Syracuse University. She has been a psychotherapist for more than 35 years and has over twenty years of experience as a presenter of conference workshops. She is the author of *Beyond the Good Girl Jail: When You Dare to Live from Your True Self*.

In-Person \$15 Member/\$25 Nonmember

Zoom and Video \$20 Member/\$30 Nonmember

Monday, April 11, 1pm

#2005 Philosophical Discussion: School - Just Another Brick in the Wall? Part II

Moderator: Daryl Kuiper

The last class on this topic was well received and participants wanted to discuss it more. Here are the “leftovers”. This discussion will include curriculum review, parental responsibilities, testing, student discipline, education as a right under the Constitution, and more.



Philosophy is the love of knowledge. Daryl will act as moderator, but your views will be the substance of the discussions. There are no wrong answers. Either we will gain new insights or we will strengthen existing ones. This class will be an open discussion, so bring your opinions and ideas! A topic paper will be emailed to you to review before the class. The purpose of these papers is to stir your philosophical juices.

Daryl Kuiper, MA in Mathematics from the University of Nebraska, and a BA in Mathematics from the University of Colorado. He has been a teacher, business owner, plumbing inspector supervisor, and a school administrator.

In-Person Only \$15 Member/\$25 Nonmember

April 2022

Tuesday, April 12, 10am

#2006 Deism and the Founding of America

Instructor: Dr. Martin Cook (*Instructor is teaching via Zoom into the classroom.*)

The Enlightenment was a major intellectual source for the American republic; and one of its major manifestations was the religious movement known as “Deism,” which deeply influenced many of the Founders. This presentation will explore the central tenets, the sources, and the influences of this religious/intellectual movement at the beginnings of the country.



Martin Cook, PhD & MA in Philosophy and Religion from University of Chicago. His work experience includes Admiral Stockdale Professor of Military Ethics at the US Naval War College and Professor and Deputy Department Head of Department of Philosophy at the US Air Force Academy.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, April 13, 10am

#2007 Everybody Welcome: Fannie Mae Duncan and the Cotton Club of Colorado Springs

Instructor: Steven Antonuccio

Fannie Mae Duncan was an African-American entrepreneur and businesswoman in Colorado Springs in the 1950’s and 1960’s. She began her career with the Duncan’s restaurant and eventually created the nightclub she called “The Cotton Club.” Some of the finest African American musicians performed in her club at a time when segregation was practiced in Colorado Springs and they could not perform or stay in any of the hotels in the area. Her club was open to a mixed clientele, and she let her white customers know by putting up a sign that said, “Everybody Welcome” in her window. The G. I.’s at Fort Carson and the students at Colorado College would patronize her club to see the finest musicians of the 50’s and 60’s.



This program is presented by Steve Antonuccio, who produced a documentary on Fannie Mae Duncan in 1991. A PowerPoint program will feature unique photographs of the Cotton Club shot in the 1950’s and clips from his documentary. He will talk about his personal friendship with Fannie Mae Duncan and her amazing energy and enthusiasm that was a key to her successful business career.

Steven Antonuccio, MLS in Communications from University of Colorado. He worked as a media specialist at PPCC, a manager of cable channel 17 for PPLD, and the Library Branch manager for Pueblo City-County Library District.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

April 2022

Wednesday, April 13, 20, 27, 1pm

#2008 Book Discussion: *Black Rednecks and White Liberals* by Thomas Sowell

Moderator: Daryl Kuiper

In this discussion group, we will analyze Thomas Sowell’s understanding of human motivation, the impact of cultural background, and social responsibilities in three separate meetings centered on the major breakouts you see in his table of contents. Students should read these book sections ahead of class for a good discussion.

Table of contents of *Black Rednecks and White Liberals*:

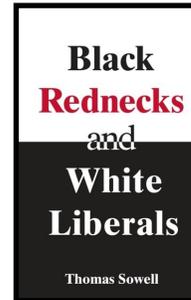
Black Rednecks and White Liberals

- Redneck culture
- Black Rednecks
- White Liberals
- Summary and Implications

Are Jews Generic?

- The Economic Role
- Social Patterns
- Summary and Implications

The Real History of Slavery



Thomas Sowell is often described as a black conservative. He has said, "I prefer not to have labels, but I suspect that 'libertarian' would suit me better than many others, although I disagree with the libertarian movement on a number of things. Sowell, now 92 years old, grew up poor in Harlem, New York. He has served on the faculties of Cornell University; Amherst College; University of California, Los Angeles; and, currently, Stanford University. He has also worked at think tanks such as the Urban Institute. Since 1980, he has worked at the Hoover Institution at Stanford University, where he serves as the Rose and Milton Friedman Senior Fellow on Public Policy. He has authored more than 45 books. Sowell has said that he was a Marxist "during the decade of my 20s". **372 pages. PPLD has three copies. It is also available on eBook and eAudio.**

Daryl Kuiper, MA in Mathematics from the University of Nebraska, and a BA in Mathematics from the University of Colorado. He has been a teacher, business owner, plumbing inspector supervisor, and a school administrator.

In-Person Only \$25 Member/\$35 Nonmember for all three sessions

Thursday, April 14, 10am

#2009 Packing the Supreme Court

Instructors: Judge Richard Hall and Eric Hall, JD

If the Supreme Court overturns *Roe v. Wade* and takes away any constitutional “right” to an abortion, would “packing” the Court be an appropriate remedy to “restore the balance” on the Court? This class will be a historical look at past such efforts (remember FDR?) and an analysis of this and other possible “remedies,” including the current Presidential Commission on the issue.



Richard Hall, JD in Law from the University of California at Berkeley. He was a Judge for 46 years in the municipal, county, and district courts.

Eric Hall, JD in Law at Notre Dame. He represents religious institutions and schools in all legal matters with an emphasis on First Amendment litigation.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

April 2022

Tuesday, April 19, 10am

#2010 Scandinavian Immigration to the United States

Instructor: Dr. Michael LeMay

This presentation tells the story of the three national groups, Norwegian, Swedish, and Danish; of Scandinavian immigration to the United States, the assimilation of those immigrants, and their impact on United States culture and society.



Michael LeMay, Professor Emeritus – California State University at San Bernardino,

PhD in Political Science and History from the University of Minnesota, a BS and MA in Political Science and History from the University of Wisconsin. He is a retired professor who taught for 35 years at the University of Wisconsin, Frostberg State, and California State University at San Bernardino. He has written 36 books.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, April 20, 10am

#2011 “Twinkle, Twinkle Little Star. How I Wonder What You Are?”

Instructor: Sandy Halby

Look up at the night sky! Lots of those sparkling little lights are stars, and it’s true, we are made up of stardust! Let’s take a closer look at stars – those fascinating objects that are sometimes regarded as mundane and ordinary. Au contraire! Stars are anything but ordinary. They are born, live and die, have “types,” sometimes cluster together, sometimes travel alone, and some have really cool names like Epsilon Indi, Almaak, Regulus and Mekbuda. Come to this class for a look at the stars.



Sandy Halby, BS in Mathematics from the University of Alaska. She is a military vet and is retired from the federal government as a civil servant. Currently, she is president of a local MENSA group and active in the Pikes Peak Beekeepers Association.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Thursday, April 21, 10am

#2012 The Ritchie Boys: A Special Contribution to America’s War Effort

Instructor: Thomas Menza, JD

Camp Ritchie in Maryland, originally a National Guard base founded in 1926, gained fame in World War II as a POW camp for German and Italian officer prisoners of war. More significantly, these enemy prisoners were questioned by a team of well-trained interrogators, most of whom spoke German or Italian as a first language. Many of the interrogators were Jewish immigrants from Germany and elsewhere in Europe who arrived in the 1930’s. That Jewish-American interrogators would conduct prisoner interrogations of German officers was a significant message to the Germans and their anti-Semitism. The Ritchie Boys, as they were called, were the source of important wartime intelligence. Many of the Ritchie Boys in later years became prominent members of many American professions. Camp Ritchie today is on private land being developed into a museum and memorial for its wartime activities.

Tom Menza, JD in Law from Denver University, MA from University of Colorado at Boulder. He is a local attorney and former course director and assistant professor of World History and Modern Asia at the United States Air Force Academy.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember



April 2022

Tuesday, April 26, 10am

**#2015 Community Event: Pediatric Oral Health in Children
Epidemiology and Public Health Considerations of Pediatric Oral Health in Children
and Those with Special Needs**

Instructor: Dr. K. Leann Yoda

Dr. Yoda will give a brief overview of the Epidemiology and Public Health considerations of pediatric oral health in the United States today. What ramifications does oral disease have in children? What does Children's Hospital of Colorado Craniofacial/Pediatric Dentistry Department do to help children and those with special needs? How are they treated and helped to cope?



K. Leann Yoda, MSD in Dentistry from the University of Washington School of Dentistry, majoring in Pediatric Dentistry/Special Needs. DMD and MSPH in Public Health Epidemiology and Biostatistics from the University of Alabama at Birmingham School of Public Health. Her residency was at Seattle Children's Hospital in Pediatric Dentistry Specialty with emphasis in Craniofacial team and special needs children. Dr. Yoda currently works at Children's Hospital Colorado.

In-Person, Zoom, and Video FREE, but you must register due to attendance limits.

Wednesday, April 27, 10am

#2016 Famous Pharaohs of Ancient Egypt

Instructor: Phil McDonald

The ancient Egyptian Empire survived for nearly 30 centuries. During that lengthy time period, 170 people administered the sprawling desert kingdom as pharaohs. Very few of these individuals are remembered today. This class will focus on seven consequential Egyptian rulers. We will explore the life and times of Akhnaten, his wife Nefertiti, Ramses II, Tutankhamen, Hatshepsut, Amenhotep III, and Cleopatra. Prepare for an exciting journey way back in time!



Phil McDonald, MSE from Drake University. Phil retired after a 30-year career of teaching government, U.S. history, and psychology classes. He served as Adjunct Professor of Government and Psychology for Upper Iowa University and was nominated for Who's Who among American Teachers.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Thursday, April 28, 10am

#2017 Women Can't Do That! Female Explorers and Adventurers of the 19th and Early 20th Centuries

Instructor: Julia Hargrove

You have probably heard of the male explorers Henry Stanley, who found Dr. Livingston in Africa; Peary, Amundsen, and Shackleton, who explored the Poles; and John Speake and Richard Burton, who searched for the source of the Nile River. It is much less likely that you are familiar with Freya Stark, Nellie Bly, Isabella Bird, or Lady Hester Stanhope. Yes, women could and did do that!



Julia Hargrove, MA in American History from the University of Texas at Austin. She was a high school teacher for 30 years and was a professional writer of educational materials.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

April/May 2022

Tuesday, May 3, 10am

#2019 Castle Rock Quarries

Instructor: Steven Veatch

(Instructor will be teaching via Zoom into the classroom from Michigan.)

Steven will share the story of the Castle Rock quarries. He has worked on this project for 23 years. Now he will explore the geology and history of these quarries. Some of the historic buildings constructed from the quarry stone will also be featured. Don't miss this essential program.



Steven Veatch, MS in Earth Science from Emporia State University in Kansas. He is a geoscientist and was an adjunct professor of earth science at Emporia State University in Kansas. He is an award-winning writer of over 100 articles about science, nature, and history. Steven Veatch is a member of the Colorado Springs Mineralogical Society and a 2015 National Rockhound and Lapidary Hall of Fame inductee.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesday, May 3, 1pm

#2020 Putin and Russia Today

Instructor: Joseph Novich

Often times, our media, print or broadcast do not provide the background information necessary to fully understand the motivation and rationale behind current events. Such is the case with the Russian invasion of Ukraine. Are there misconceptions on the Russian part or just long brewing suspicions and prejudices? What's been completely ignored is the nexus of geography, history and religion and their combined impact on Vladimir Putin's calculus. Such background, though not difficult to understand, is omitted from media broadcasts that attempt to understand Russia in the Ukraine today. From the Russian perspective, their actions are justified. There is more to the story.



Joseph Novich, MA in Systems Acquisitions Management from Webster University and **BA** in Russian and Soviet Area Studies from Saint Louis University in Missouri. Joe is a retired Air Force officer and combat veteran who flew special operations missions in Vietnam, the Middle East and Central America. He's served as diplomatic escort aboard Soviet aircraft, was a member of a USAF/Boeing 737 Flight Test Team, the Air Force Academy Flight Manager, and the NORAD Director of Missile Warning and Chief of Standardization/Evaluation in Cheyenne Mountain. He commanded an Alaskan radar site that gathered intelligence data on Soviet ballistic missile test and space launches and later ran the organization responsible for training Cheyenne Mountain crews as well as personnel who work in the global air defense, missile warning, and space surveillance network.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesday, May 3, 4pm (note time)

#2021 Special Event: Australian Silo Art

Moderator: Aaron Casey

(Presenters will be teaching via Zoom from Australia.)

Australian Silo Art will introduce the "big art" of Australia's Outback. Farm towns across the continent are adorning grain silos and water towers with colorful, evocative, sometimes brooding murals that tell stories, attract tourists, and revitalize the rural landscape all at once. Initially, we explore the genesis of this community-building idea in one remote town, and then we pivot to a panel in Australia. The movement has inspired the creation of a silo-art trail around which you can build an epic road trip on your next visit Down Under: www.AustralianSiloArtTrail.com.



Aaron Casey, MPA from the University of Texas at Austin. He has explored the history, culture, and art of a variety of peoples & places worldwide. He has lived in France, Zimbabwe, and the United Kingdom, and has deep experience as well in Ghana, Brazil, and South Africa. In recent years he has collaborated with indigenous communities globally, including here in the USA with Washington state's Suquamish tribe.

Zoom and Video Only \$30 Member/\$40 Nonmember

May 2022

Wednesday, May 4, 10am

#2022 Camp Hale, Colorado

Moderator: Judy Casey

(Instructor will be teaching via Zoom and video into the classroom.)

In 1942, there was a United States Army training facility for what would become the 10th Mountain Division. At an elevation of 9,200 feet (2,800 m) above sea level, it was named for General Irving Hale. Soldiers were trained in mountain climbing, Alpine and Nordic skiing, cold-weather survival, as well as various weapons and ordnance. When it was in full operation, approximately 15,000 soldiers were housed there. Camp Hale was decommissioned in November 1945.



Judy Casey, MA in Education from the University of Massachusetts at Amherst. She is a retired literacy specialist, elementary school principal, university supervisor at University of Northern Colorado, and a community volunteer.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, May 4, 12pm

#2023 Lunch and Movie Discussion

Moderator: Sandy Halby

Do you like old movies? Do you know what movie this could be? *A courtroom rivalry finds its way into the household when a prosecuting lawyer faces off against his wife, a defense attorney.* Hint: AR, c.1949. 1 hour, 41 mins



Come and bring your knowledge of old movies and enjoy the company of others.

Bring your lunch. Popcorn and soda will be available.

In-Person Only - FREE, but you must register due to attendance limits.

Thursday, May 5, 10am

#2024 Celebrating the Penrose Legacy on the 80th Anniversary of the Penrose Heritage Museum

Instructor: Sarah Woods

In 1941, Julie Penrose opened El Pomar Carriage Museum, now known as the Penrose Heritage Museum. To commemorate the museum's 80th Anniversary, we created and opened new exhibits this past October. This lecture will explore new aspects of the Penrose legacy revealed in the new exhibits, as well as the impact of their legacy on our lives today.



Sarah Woods, Master of Library Science specializing in Archives & Records Management from Indiana University, Bloomington, IN. She was a member of the Society of American Archivists, the American Alliance of Museums, and the American Association for State & Local History. She cofounded the Pikes Peak Archives & Museum Network with another archivist in the Pikes Peak region. Sarah has worked in academic archives, historic house museums, and has presented at professional conferences.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

See the Penrose Heritage Museum tour on May 25, 1pm.

May 2022

Monday, May 9, 1pm

#2025 Philosophical Discussion: International Issues facing the United States

Moderator: Daryl Kuiper

We will discuss the international issues facing the United States today, including war, isolationism, totalitarianism, immigration, global economics, and global alliances.



Philosophy is the love of knowledge. Daryl will act as moderator, but your views will be the substance of the discussions. There are no wrong answers. Either we will gain new insights or we will strengthen existing ones. This class will be an open discussion, so bring your opinions and ideas! A topic paper will be emailed to you to review before the class. The purpose of these papers is to stir your philosophical juices.

Daryl Kuiper, MA in Mathematics from the University of Nebraska, and a BA in Mathematics from the University of Colorado. He has been a teacher, business owner, plumbing inspector supervisor, and a school administrator.

In-Person Only \$15 Member/\$25 Nonmember

Tuesday, May 10, 10am

#2026 The United States War in Afghanistan: Why We Invaded and Occupied Afghanistan; What We Accomplished; Why We Lost the War and Suffered a Humiliating Withdrawal

Instructor: Dr. Joe Barrera

This class will explore the context of the American war in Afghanistan, provide a brief overlook into the history of that country with a summary of attempts by previous invaders to defeat the Afghans, and why Afghanistan is known as "the graveyard of empires." We will discuss the reasons for our 2001 invasion and subsequent twenty-year and two-trillion-dollar war in Afghanistan. The U.S. also wanted to engage in "nation building," to transform this backward tribal entity of diverse ethnic groups into a modern democratic state. We failed to realize that even a backward society has some notion of nationalism, which, coupled with radical Islam, is a powerful idea that can defeat even modern armies. We won every battle, but we literally lost the war to a group of largely illiterate peasants who saw their struggle as a war for national liberation.



Joe Barrera, PhD in American Literature from University of Texas. He was a director of Ethics Studies at UCCS and taught Ethics, Southwest Studies, and American Literature at PPCC and CC.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesdays, May 10, 17, 24, 31, 1pm

#2027 Beginning Mah Jongg Lessons: 4 Weeks of Individual Lessons

Instructor: Sandy Halby

Learn American Mah Jongg, a fun game to play and great for your brain! This series of classes is Beginning Mah Jongg using the National Mah Jongg League card (2022 version) and NMJL rules. We'll start with the very basics and progress to full-on play by the 4th session. You must attend all 4 sessions. **Max: 3 people**



Sandy Halby, BS in Mathematics from the University of Alaska. She is a military vet and is retired from the federal government as a civil servant. Currently, she is president of a local MENSA group and active in the Pikes Peak Beekeepers Association. Sandy also plays in Mah Jongg tournaments.

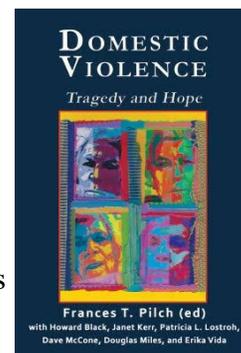
In-Person Only - \$60 Member/\$75 Nonmember for all four sessions

May 2022

Wednesday, May 11, 10am

**#2028 Author Moderated Book Discussion: *Domestic Violence: Tragedy and Hope* by Fran Pilch, et al.
Moderator: Dr. Fran Pilch**

Beginning with a discussion of the magnitude of the problem of domestic violence, the authors present a fictional narrative of "Suzanne," whose relationship with her intimate partner dissolves into abuse and violence, both physical and emotional. What follows is expert commentary on her story by law enforcement, a judge and former district attorney, a victim advocate, a therapist, and a survivor, which provides a unique exploration of the tragedy of abuse and potential means by which it can be addressed. The main theme of the book is the tendency to "blame the victim" for staying in an abusive relationship and the need to understand why leaving can be so difficult and dangerous. Join us in discussing this important issue with the author, Dr. Fran Pilch. We will talk about relationship "red flags" and other power and control situations you or your friends and loved ones might face throughout our lives. 106 pages. PPLD has one copy.



Frances T. Pilch, PhD in International Relations from Yale University. She originated a course on "War Crimes, Genocide, and Human Rights" while at the USAFA. She has been a Fulbright Scholar in South Africa and Mongolia and has published widely on genocide. Fran holds the status of Professor Emeritus at the USAFA.

In-Person Only \$15 Member/\$25 Nonmember (Book is included in the class price and will be available in the office.)

Wednesday, May 11, 1pm

#2029 Introduction to Duplicate Bridge

Instructor: Dr. Fran Pilch

This class will introduce you to duplicate bridge. How is duplicate different from party bridge and what is its appeal? Basically, how is it played and how does the scoring work?



This class will give a very basic introduction to duplicate bridge, so you can decide if you would like to pursue learning this fun and challenging game! (You will not play bridge in this class.)

Frances T. Pilch, PhD in International Relations from Yale University. She originated a course on "War Crimes, Genocide, and Human Rights" while at the USAFA. She has been a Fulbright scholar in South Africa and Mongolia and has published widely on genocide. Fran holds the status of Professor Emeritus at the USAFA.

In-Person \$15 Member/\$25 Nonmember

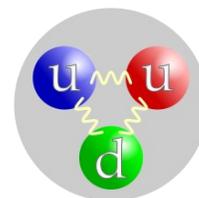
Zoom and Video \$20 Member/\$30 Nonmember

Thursday, May 12, 10am

#2030 An Introduction to Quarks and What Everything is Made Of

Instructor: Dr. Henry Gertzman

We know that everything is made of atoms, and that atoms are made of quarks. But what are quarks? What are their properties? How many different types of quarks are there and how do they differ from one another? Has anyone ever detected an isolated quark? If not, why not?



Henry Gertzman, PhD in Nuclear Physics from University of Rochester, and a BS in Physics from MIT. He is retired from the National Center for Atmospheric Research in Boulder. He specializes in teaching astronomy, cosmology, and nuclear particle physics, along with various other offbeat topics for PILLAR.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

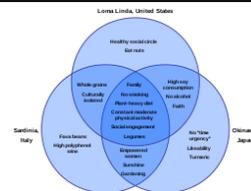
May 2022

Tuesday, May 17, 10am

#2031 Blue Zones

Instructor: Don Rossi

Let us take a look at the elements that contribute to a long life and review the recent data that's looking into longevity. There have been several books written on Blue Zones: areas where people live long lives. Most of them have to do with diet but is that really the key element to living a long life? Should we all move to Costa Rica or Sardinia? Let us examine some of the issues related to living a long life, and see if we can distill some of the elements that make a difference.



Don Rossi, MS in Economics and International Business from Rensselaer Polytechnic Institute. He was a Senior Program Manager for the Aerospace Division of Honeywell International in Phoenix and managed R&D programs for current and next generation technology. He is a board certified Six Sigma Black Belt.

In-Person \$25 Member/\$35 Nonmember
Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, May 18, 10am - 2pm

#2032 AARP Smart Driver Safety Course

Instructor: Stephen Blucher

This national classroom refresher curriculum is tailored to the needs of local drivers over the age of fifty. The course provides a review of driving situations, self-assessments, and driver guidance that will update your driving knowledge, sharpen your driving skills, and help you compensate for normal age-related physical changes. The instructor will use video clips and a workbook to remind older drivers how driving in the world today has changed. At the end of the course, participants will receive a certificate of completion to take to their insurance agent for an auto insurance discount.



Stephen Blucher, BA in Mass Communications from the University of Miami, FL. He has worked in Radio News/Public Relations nationwide and as a Civil Air Patrol PAO/search pilot for the Rocky Mountain Region. He is also a hot air balloon pilot with five decades of flight experience. Stephen has been an AARP Driver Safety instructor for over 22 consecutive years. He was a recipient of the AARP Chapter & REA Unit Community Service Award for 2020. Stephen is a member of the elite AARP Chapter Advisory Team which is dedicated to making chapters throughout the U. S. more viable, effective, and responsive to their community's needs.

In-Person Only \$20 for AARP Members with an AARP ID card, no exceptions (i.e. forgotten or lost cards)/\$25 for non-AARP Members. Bring your lunch. You must register due to attendance limits. Participants will pay the instructor directly at class. Check or exact cash only.

Thursday, May 19, 10am

#2033 The Great American Songbook

Instructor: Marti Booth

By special request, Marti presents a new look at "The Great American Songbook." What is it? And why does it matter? The "Songbook" is an informal assortment of some of the great songs of 20th century America. They're considered American standards because they've lasted, they're really good, they're universally liked. More importantly, though, they can tell us a great deal about American History and show us how we made it through the highs and the lows of our great and complicated nation. Even if you think you don't like history, join your PILLAR friends as we share DVD performances of great artists singing great music. You'll be surprised at how much you know. Enjoy the music of Gershwin, Cole Porter, and Irving Berlin. And "classics" such as Mozart and Schubert!



Marti Booth, MA in Music History and Theory from Radcliff and Harvard. She was the 2008 recipient of the Pikes Peak Arts Council Lifetime Achievement Award. She taught vocal music at Harrison High School, Colorado College, and UCCS.

In-Person \$25 Member/\$35 Nonmember
Zoom and Video \$30 Member/\$40 Nonmember

May 2022

Tuesday, May 24, 10am

#2035 Russia's Invasion of Ukraine: The End of the Post-Cold-War World

Instructor: Dr. Schuyler Foerster

Russia's invasion of Ukraine will lead to the most significant change in the structure of international relations since the end of the Cold War. Russia may (or may not) achieve military victory in Ukraine, but it will not achieve a political victory and risks becoming a pariah state. NATO is emboldened, and the so-called Russia-China alliance is already strained. In this class, we will explore the reasons for Putin's actions, assess his successes and failures, and consider the implications for the broader international system.



Sky Foerster, DPhil in politics and strategic studies from Oxford University and master's degrees from the Fletcher School of Law and Diplomacy, Tufts University, and The American University. He is a graduate of the USAF Academy. He retired as a colonel in the U.S. Air Force. He is professor emeritus at the USAF Academy, where he previously served as the Brent Scowcroft Professor of National Security Studies, and he currently teaches as a visiting professor at Colorado College and at Masaryk University in the Czech Republic. Dr. Foerster has invested over 25 years in civic education on global issues as President of the World Affairs Council of Pittsburgh for 12 years and as the volunteer president for the Colorado Springs World Affairs Council, on whose board he continues to serve.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, May 25, 10am

#2036 American Women in World War II

Instructor: Tom Menza, JD

American women did amazing tasks that women didn't do before World War II. The best secret code breakers were women that knew foreign languages and math. Dutch teen girls were spies and assassins against their German occupiers. Many US women, young and older were both experimental and production test pilots for all World War II aircraft. Women joined the Army, the Women's Army Corps (WACs) and women joined the Navy (WAVES). Their admirable service in mostly support duties allowed the men to carry rifles in combat. The moms, sisters, aunts, and wives wrote letters, sent food, and supported their loved ones in combat. When the war was over, whatever important task they did, whether building tanks, ships, or airplanes, they gave up their wartime job to the men who came home. Not all wanted or could give up their jobs and the trend for women's rights accelerated due to World War II. The role of women in the United States changed forever.



Tom Menza, JD in Law from Denver University, MA from University of Colorado at Boulder. He is a local attorney and former course director and assistant professor of World History and Modern Asia at the United States Air Force Academy.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, May 25, 1pm

#2037 Penrose Heritage Museum Tour

Penrose Heritage Museum showcases the history and heritage of the Pikes Peak region through the personal artifact collection of Colorado Springs's philanthropists Spencer and Julie Penrose. To celebrate its 80th Anniversary, the Penrose Heritage Museum recently unveiled a new exhibit featuring never-before-seen artifacts, historic photographs, archival records, and film footage of Julie and Spencer Penrose. This intimate peek into the lives of the Penroses offers visitors a new look into their personalities, their lives both separately and as a couple, and their beliefs that led them to invest so deeply in community. **Max:15**



Location: Penrose Heritage Museum, 11 Lake Circle, Colorado Springs, CO 80906. Free and convenient parking is available in the Broadmoor Parking garage located next to the museum. They will validate parking for up to 1.5 hours.

In-Person Only \$15 Member/\$25 Nonmember

May 2022

Wednesday, May 25

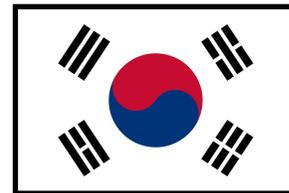
Deadline for #2063 Day Trip: *Singing in the Rain* and Coors Brewery Tour on Saturday, June 25

Thursday, May 26, 10am

#2038 The March 2022 Presidential Election in South Korea: Domestic and International Issues and Ramifications

Instructor: Dr. William Berry

On March 9, 2022, South Korea conducted its most recent presidential election. Since the South Korean Constitution limits the incumbent, Moon Jae In, to one five year term in office, a new president was guaranteed. The two main candidates were Lee Jae Myung from the ruling Democratic Party and Yoon Suk Yeol representing the leading opposition party, the People Power Party. After a particularly personal and acrimonious campaign, Yoon won the election by less than 1%, and Lee has conceded. Yoon will assume the presidency on May 10th.



This class will begin by examining some of the important domestic policy issues in the campaign. However, the primary focus will be on the most likely bilateral/multilateral relationships as Yoon assumes office. These will include the security ties between the United States and South Korea, the continuing challenging and dangerous South Korean-North Korean competition, the evolving South Korean-China political and economic interactions, and the contentious relations involving South Korea and Japan. How Yoon and his administration manage these domestic and bilateral issues will be extremely important for the stability of the security environment in Northeast Asia over the next few years.

William Berry, PhD in International Relations with a focus on East Asian Politics from Cornell University. He was a career Air Force officer, retiring with the rank of colonel. He served in several East Asian assignments. Dr. Berry taught at the Air Force Academy, the National War College, and the Asian Pacific Center for Security Studies.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesday, May 31, 10am

#2040 The Scots Irish: America's Frontier Culture

Instructor: Katherine Sturdevant

(Instructor will be teaching via Zoom into the classroom.)

Call them Scots Irish, Scotch Irish, Ulster Irish, Presbyterian Irish, or “Hillbillies,” these American ancestors are some of the most interesting, colorful, dangerous, and influential generations, both from a historical and a genealogical perspective. They are a unique American culture, arriving mainly between the 1720’s and 1770’s. They blazed frontiers up and down and over the Appalachian ridge from Vermont to Florida, and into the Far West. Their folkways were rooted in Scottish clans’ experiences on the northern Irish frontier. Their character explains many of our ancestors’ life, immigration, and migration choices. Through them, we can learn what social history can offer the family historian for research and writing.



Katherine Scott Sturdevant, MA, BA in History from San Francisco State University, **PhD Candidate** in Public History at UC Santa Barbara. She is Pikes Peak Community College’s Senior History Professor and started teaching with what became PILLAR when PPCC first offered lifelong learning classes. She has won awards in teaching and diversity. Kathy serves as a speaker, writer, editor, and consultant for community history organizations such as the Colorado Springs Pioneers Museum and Pikes Peak Library District. Her first two books teach using historical method in family history. As a social historian, Kathy emphasizes past people’s authentic experiences.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

June 2022

Wednesday, June 1, 10am

#2041 Idealism vs. Tribalism: A History of Immigration to America

Instructor: Phil McDonald

No symbol of American idealism is more iconic than the statue that resides off the coast of New York harbor. Lady Liberty poses with her flame held aloft welcoming unwashed masses of immigrants to a new land of opportunity, the United States of America. To many Americans, our country represents a “melting pot” where persons from faraway foreign lands abandon their identities to forge a new one, that of an American citizen. But, does this ideal square with reality? The answer, to say the least, is complicated. This class will explore the myths and realities of immigration in America.



Phil McDonald, MSE from Drake University. Phil retired after a 30-year career of teaching government, U.S. history, and psychology classes. He served as Adjunct Professor of Government and Psychology for Upper Iowa University and was nominated for Who’s Who among American Teachers.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, June 1, 12pm

#2042 Lunch and Movie Discussion

Moderator: Sandy Halby

Do you like old movies? Do you know what movie this could be?

After accidentally killing an opponent in the ring, a boxer leaves America and returns to his native Ireland, hoping to buy his family's homestead and live in peace. Hint: QM c. 1952. 2 hrs. 9 mins.



Come and bring your knowledge of old movies and enjoy the company of others.

Bring your lunch. Popcorn and soda will be available.

In-Person Only - FREE, but you must register due to attendance limits.

Thursday, June 2, 10am

#2043 Murals – Art, Graffiti and Political Statements

Instructor: Sandy Halby

We see murals here in our city on the sides of buildings and again in world news when Banksy makes a political statement. We see murals in historic buildings and churches in Europe and again in a roadside coffee shop in Black Forest. Some may be art; some may be graffiti. Is there a difference? Let’s take a look at the art form of murals and explore some famous and perhaps not so famous murals!



Sandy Halby, BS in Mathematics from the University of Alaska. She is a military vet and is retired from the federal government as a civil servant. Currently, she is president of a local MENSA group and active in the Pikes Peak Beekeepers Association.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

June 2022

Tuesday, June 7, 10am

#2045 Digestive Health 101: Addressing the Root Causes of Digestive Discomfort

Instructor: Dawn Franz

Today, 70% of Americans experience digestive related symptoms or diseases. This is a startling statistic as an unhealthy gut has been linked to worsening overall health, including increased risk for chronic diseases such as diabetes, obesity, autism, depression, and anxiety. Join this class to learn the ins and outs of supporting digestive health and digestive comfort. This could be the key to making a difference in your overall health and well-being.



Dawn Franz, BS in Nutritional Science with a minor in Biochemistry from the University of Arizona. She has been a Nutritional Health Coach for Natural Grocers since 2005.

Location: Natural Grocers Classroom, 7298 N Academy Blvd., Colorado Springs, CO 80920

In-Person Only \$15 Member/\$25 Nonmember

Tuesday, June 7, 1pm

#2046 Mah Jongg Open Play

Come and play Mah Jongg. Beginner and Intermediate Tables.

In-Person Only \$5 Member/\$10 Nonmember



Wednesday, June 8, 10am

#2047 The Russian Space Program and Its Impact On United States National Security

Instructor: Major Jamil Brown

In December 2021, Russia launched an anti-satellite weapon. The result was debris cascading throughout earth's orbit endangering satellites and even the International Space Station. For many, this was an alarming activity for a country involved in so many other areas of the world. What does this weapon mean for space security? How has Russia's space community developed since the end of the Cold War? This class will examine the changes Russia's space community has undertaken over the last 30 years, and what that means for the future of US national space security.



Major Jamil Brown, MBA in Strategic Leadership from New England College, and MS in International Relations from Troy University. He is a Fellow at the US Air Force Academy Institute for Future Conflict. He focuses on Space & Technology Policy and Organizational Development. He is also a graduate of the US Air Force Weapons School and spent time as a satellite operator, space operations planner, and instructor.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, June 8, 1pm

#2048 Book Discussion: *The Little Old Lady Who Broke All the Rules* by C. Ingelman-Sundberg translated from the Swedish by Rod Bradbury.

Moderator: Donna Fahrenkrug

Martha Andersson may be 79 years old and live in a retirement home, but that doesn't mean she's ready to stop enjoying life. So when the new management of Diamond House starts cutting corners to save money, Martha and her four closest friends--Brains, The Rake, Christina and Anna-Gretta (a.k.a. The League of Pensioners)--won't stand for it. Fed up with early bedtimes and overcooked veggies, this group of feisty seniors sets about to regain their independence, improve their lot, and stand up for seniors everywhere. Their solution? White collar crime. What begins as a relatively straightforward robbery of a nearby luxury hotel quickly escalates into an unsolvable heist at the National Museum. With police baffled, and the Mafia hot on their trail, the League of Pensioners has to stay one walker's length ahead if it's going to succeed. **389 pages. PPLD has two copies. It is also available on eBook and eAudio.**



In-Person Only \$15 Member/\$25 Nonmember

June 2022

Thursday, June 9, 10am

#2049 The Complicated Nature of Politics in Colorado Springs

Moderator: Judy Casey

(Moderator will be teaching via Zoom and video into the classroom)

Colorado Springs politics has been formed with the social, economic, and defense-related factions of modern conservatism. Join Dr. Joshua Dunn, UCCS Professor and Chair of the Department of Political Science, on video, for an exploration of the complicated nature of Colorado Springs politics. Discussion to follow. *Thank you to the Colorado Springs Pioneers Museum for allowing us to use this video.*



Judy Casey, MA in Education from the University of Massachusetts at Amherst. She is a retired literacy specialist, elementary school principal, university supervisor at University of Northern Colorado, and a community volunteer.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Monday, June 13, 1pm

#2050 Philosophical Discussion: National Issues Facing the United States

Moderator: Daryl Kuiper

As a follow up to the discussion on International Issues, this discussion will focus on national issues facing us directly, such as government, economy, capitalism, freedom, and religion. If you have not thought about these issues, this would be a great time to get caught up, keep yourself informed, and find out what others are thinking. No worries about being criticized. We are all learning and sharing.



Philosophy is the love of knowledge. Daryl will act as moderator, but your views will be the substance of the discussions. There are no wrong answers. Either we will gain new insights or we will strengthen existing ones. This class will be an open discussion, so bring your opinions and ideas! A topic paper will be emailed to you to review before the class. The purpose of these papers is to stir your philosophical juices.

Daryl Kuiper, MA in Mathematics from the University of Nebraska, and a BA in Mathematics from the University of Colorado. He has been a teacher, business owner, plumbing inspector supervisor, and a school administrator.

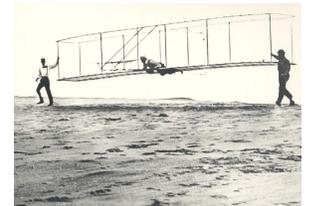
In-Person Only \$15 Member/\$25 Nonmember

Tuesday, June 14, 10am

#2051 The Wright Stuff

Instructor: Jim Furfari

In 1897, the *Washington Post* concluded an article reporting on a patent for a flying machine with the bold declaration, “It is a fact that man can’t fly.” On December 17, 1903, two bicycle shop owners and self-taught engineers demonstrated that the *Post*’s fact checkers weren’t any more informed then, than they are today. But to say the Wright Brothers ‘invented the airplane’ is not entirely correct. Join us to learn the history of man’s quest to achieve flight, and what these two technological geniuses actually accomplished that launched the age of aviation.



Jim Furfari, BS in Electrical Engineering from the United States Air Force Academy. His work experience includes being an U.S. Air Force pilot, an MCI project manager, and working for Colorado Springs Utilities. He has been a tour guide at Glen Eyrie Castle since 1994.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

June 2022

Tuesday, June 14, 1pm

#2052 Mah Jongg Open Play

Come and play Mah Jongg. Beginner and Intermediate Tables.

In-Person Only \$5 Member/\$10 Nonmember



Wednesday, June 15, 10am

#2053 The History of Anesthesia

Instructor: Dr. K. Leann Yoda

Did you ever think of what we would do without anesthesia? How terrible dentistry would be without local anesthesia! How horrible surgery would be? How did anesthesia come about? Did you know that a dentist was one of the first clinicians to utilize it? Did you know that nitrous oxide (laughing gas) was one of the first anesthetics experimented with for pain control? How far we have come in our 21st century! How blessed we are to be able to go through treatments pain free. This is the story of how we got here and where we have been when it comes to pain, pain relief, and its history.



K. Leann Yoda, MSD in Dentistry from the University of Washington School of Dentistry, majoring in Pediatric Dentistry/Special Needs. DMD and MSPH in Public Health Epidemiology and Biostatistics from the University of Alabama at Birmingham School of Public Health. Her residency was at Seattle Children's Hospital in Pediatric Dentistry Specialty with emphasis in Craniofacial team and special needs children. Dr. Yoda currently works at Children's Hospital Colorado.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Wednesday, June 15, 1pm

#2054 Olive Tap Tour

We will visit our local Olive Tap store, where we will learn all about olive oil and have the opportunity to taste some of the most unique, flavorful, and freshest, award-winning extra virgin olive oils and balsamic vinegars available in the industry today.



Max. 15

Location: The Olive Tap, 7880 N Academy Blvd, Colorado Springs, CO 80920, Plaza at Chapel Hills (between Thai Basil and Hobby Town)

In-Person Only \$15 Member/\$25 Nonmember

Thursday, June 16, 10am

#2055 Bighorn Sheep: Colorado's Majestic State Mammal

Instructor: Rebekah Ryan

Come and join the Colorado Parks and Wildlife to learn about our incredible state animal, the Bighorn Sheep. Learn some insights and viewing tips about our local herds and how these resilient animals are specially equipped for this environment.



Rebekah Ryan, BS in Animal Biology from the University of Wyoming. She has dedicated her career to serving her passions of conservation and education. She has worked with a wide variety of animals at some of the most respected zoos in the country. Bekah's favorite part of working for Colorado Parks and Wildlife is getting to share her love of the amazing things Colorado's wilderness has to offer. She, her husband, and their dog Nikki spend their free time exploring Colorado's outdoors by hiking and kayaking.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

June 2022

Tuesday, June 21, 10am

#2056 Following the Santa Fe Trail to Colorado History

Instructor: Katherine Sturdevant

(Instructor will be teaching via Zoom into the classroom.)

The Santa Fe Trail belongs in stories of westward expansion and the development of the American Southwest. The trail made Santa Fe and Taos centers of cultural and economic development. It also was key to the discovery, creation, and evolution of Colorado as its own frontier. The trail served as a vehicle to explore regional Indigenous, Hispanic, and Anglo cultures; mining, trade, and agricultural expansion; women's lives and roles; art and architecture; and the fascinating interaction of adventurers. It is key to Colorado history yet not always recognized for it.



Katherine Scott Sturdevant, MA, BA in History from San Francisco State University, PhD Candidate in Public History at UC Santa Barbara. She is Pikes Peak Community College's Senior History Professor and started teaching with what became PILLAR when PPCC first offered lifelong learning classes. She has won awards in teaching and diversity. Kathy serves as a speaker, writer, editor, and consultant for community history organizations such as the Colorado Springs Pioneers Museum and Pikes Peak Library District. Her first two books teach using historical method in family history. As a social historian, Kathy emphasizes past people's authentic experiences.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Tuesday, June 21, 1pm

#2057 Mah Jongg Open Play

Come and play Mah Jongg. Beginner and Intermediate Tables.

In-Person Only \$5 Member/\$10 Nonmember



Wednesday, June 22, 10am

#2058 Not Your "History Book" History

Instructor: Daryl Kuiper

This class will summarize some of the more interesting events and causes in our history that you may not have heard about when you learned history. Definitely not your "History Book" history.



Daryl Kuiper, MA in Mathematics from the University of Nebraska, and a BA in Mathematics from the University of Colorado. He has been a teacher, business owner, plumbing inspector supervisor, and a school administrator.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

Thursday, June 23, 10am

#2060 The History of New Orleans

Instructor: Julia Hargrove

New Orleans is a rich gumbo of cultures: Spanish and French creoles, Cajuns, the descendants of slaves from Africa, the Choctaws and other Native American tribes, and Vietnamese immigrants from the mid-1970's. Thus, we have Andrew Jackson and the pirate Jean Laffite, zydeco and jazz, jambalaya and beignets, Mardi Gras and Super Bowls, Catholicism and Voodoo, Jim Bowie and Marie Laveau. Come with me on a trip to historic New Orleans and "laissez les bon temps rouler!"



Julia Hargrove, MA in American History from the University of Texas at Austin. She was a high school teacher for 30 years and was a professional writer of educational materials.

In-Person \$25 Member/\$35 Nonmember

Zoom and Video \$30 Member/\$40 Nonmember

June 2022

Tuesday, June 28, 1pm

#2065 Mah Jongg Open Play

Come and play Mah Jongg. Beginner and Intermediate Tables.

In-Person \$5 Member/\$10 Nonmember



Wednesday, June 29, 2-4pm

#3000 PILLAR Open House

Wine, cheese and crackers, and desserts will be served. Come and see your friends.

Register for classes. Bring your vaccination cards. Masks are optional.

FREE



The 19th Annual Palisade Peach Fundraiser will be coming this summer...



Spring Day Trips

Saturday, June 25

#2063 Day Trip: *Singing in the Rain* and Coors Brewery Tour

The MGM classic, *Singing in the Rain*, has been faithfully adapted by Broadway legends Betty Comden and Adolph Green.



You will see and taste traditional brewing at the Coors Brewery Tour. After the tour, enjoy beer samples in the Hospitality Lounge. Non-alcoholic beverages will also be available.

The trip includes a fully escorted tour aboard a luxury motor coach, a visit to the Coors Brewery, excellent seats for the performance, and a full lunch of salad, entrée, beverage, dessert, tax, and gratuity.

Location: Bus leaves from the Chapel Hills Mall. More details to come.

Deadline to register: May 25. Registering through PILLAR gives PILLAR a donation.

Cost \$195.

Saturday, July 23

#3500 Day Trip: *Cinderella* and Colorado Railroad Museum

Cinderella is one of Rodgers and Hammerstein's most beloved musicals. Before the performance, you will enjoy a private tour of the Colorado Railroad Museum.

The trip includes a fully escorted tour aboard a luxury motor coach, a visit to the Colorado Railroad Museum, excellent seats for the performance, and a full lunch of salad, entrée, beverage, dessert, tax, and gratuity.

Location: Bus leaves from the Chapel Hills Mall. More details to come.

Deadline to register: June 30. Registering through PILLAR gives PILLAR a donation.

Cost \$195.

